SOUTH AFRICAN SANDPLAY THERAPY SOCIETY (SASTS)

JUNGIAN SANDPLAY THERAPY ISST TWO YEAR INTENSIVE TRAINING SETEMBER 2026 - SEPTEMBER 2028

CPD POINTS APPLIED FOR

Jungian Sandplay Therapy:

Sandplay is a powerful psychotherapeutic method for accessing the unconscious in a way that brings about profound change. It is a safe, gentle and effective evidence-based method that accelerates and deepens healing for many issues, including anxiety, depression, grief, PTSD, OCD, ADHD, behavior problems, self- esteem and aggression. Research results for sandplay are similar or even superior to other methods of psychotherapy, including CBT. Improvement can often be seen in ten sessions (Freedle, 2022).

Jungian Sandplay Therapy is a multi-levelled, powerful and transformative healing modality informed by Jungian Psychology as its theory.

Jungian Sandplay Therapy opens pathways to the psyche's deep healing, reparation and growth to maturity.

Jungian Sandplay Therapy can be used for children and adults with a wide variety of psychiatric and psychological problems. It is also a unique way of self-exploration for those who want to find a meaningful balance on their individual journey through life.

The International Society for Sandplay Therapy (ISST) is the professional body for those trained in Sandplay Therapy method founded by Dora M Kalff, (a Jungian Therapist and Analyst, colleague and friend of CG Jung).

Jungian Sandplay Therapy ISST Two year Intensive (September 2026-2028)

Course entrance:

- By application
- Visit sasts.co.za for the application form.
- Receipt of your application will be followed by a short Zoom interview to meet the applicant in person and clarify any questions.

Where:

- In person (Modules 1,3,4,5 & 7): Bloemendal Clinic, Paarl, Western Cape
- Online (Modules 2 & 6)

Schedule dates:

- See Training Curriculum Guide

SASTS regularly offers, a two year intensive ISST training for Psychologists, Psychiatrists, Jungian analysts and Clinical Social Workers in Jungian Sandplay Therapy, developed by Dora M. Kalff in Switzerland. Classes are small (10-20 participants), creating a safe and protected space and study experience with emphasis on the clinician's personal learning & transformation.

Participants are responsible for their own travel arrangements and costs to Paarl, Western Cape, South-Africa.

ABOUT THE TRAINING

The training start with a foundational course and gradually, over seven modules, builds up towards understanding and analyzing Jungian Sandplay material from participants own practices.

All concepts are richly illustrated with case material.

This is a transformative learning process.

Working with Jungian Sandplay Therapy demands that the therapists be familiar with profound psychic material in order to safely contain the patient's work.

SASTS is a ISST Member Society.

COSTS/FEES:

Modules 1, 2, 3, 4,5, 6 & 7:
R5000 per person for each module

*Payment plans can be arranged.

CERTIFICATION AS A SASTS AND ISST INTERNATIONAL SANDPLAY THERAPIST:

This is a international training and provides all the didactic hours you need for certification. In addition to the theoretical training you will need Individual and Group supervision sessions hours that SASTS provides, your personal Jungian Sandplay process (with a SASTS/ISST Certified Sandplay Therapist), two written symbol studies and a final complete written case study.

After completion of the theoretical component, participants have the choice to continue with the certification process or not.

The International Society for Sandplay Therapy and its member societies, such as SASTS, oversee training requirements and certification.

JUNGIAN SANDPLAY THERAPHY ISST TWO YEAR INTENSIVE

COURSE OBJECTIVES:

Upon completion of the two-year Sandplay Therapy Intensive, participants will be able to describe:

- The history and foundational Theory of Sandplay Therapy as developed by Dora Kallff
- The essential Kalffian principles that differentiate sandplay from other methods using sand and figures
- What is a sandplay "process"?
- Principles of interpretation of the symbolic images of sandplay images
- Jungian theory that underlies sandplay and how to recognize Jungian concepts such as the ego, the Self, the shadow, the anima and animus, the manifestation of the Self, the reconciliation of opposites, the transcendent function, and other archetypes revealed in the sandplay process
- Symbolic languages and its importance in sandplay and psychotherapy
- Integration of other modalities into sandplay therapy
- Issues special to working with children and their families in sandplay
- Issues special to working with adults in sandplay
- How sandplay enables the individual to reach the deepest levels of the psyche

Training Curriculum:

Two year ISST Jungian Sandplay Therapy Intensive

106 hours in person
46 hours online

Module 1:

- Introduction and Fundamentals of Jungian Sandplay Therapy
- Therapist as instrument

(3 days, 24 CPD and ISST Points)

18, 19 en 20 September 2026

Module 2:

- Jungian/Analytical Psychology
- Therapist and process

(3 days, 32 CPD and ISST Points)

Date to be announced

Module 3:

- Introduction to symbolism in Jungian Sandplay Therapy
- Re-visiting the Oriental Carpet

(3 days, 24 CPD and ISST Points)

Dates to be announced

Module 4:

- Jungian Sandplay Therapy with Children and Adolescence

(3 days, 24 CPD and ISST Points)

Date to be announced

Module 5:

- Trauma, the Brain & Jungian Sandplay Therapy - Neuropsychological Approach

(3 days, 24 CPD and ISST Points)

Date to be announced

Module 6:

- Mythological considerations in understanding Jungian Sandplay Process
- The collective unconscious and Archetypes
- The Archetypal Heroic Journey

(3 days, 24 CPD and ISST Points)

Date to be announced

Module 7:

- Jungian Sandplay Therapy and Individuation

(3 days, 24 CPD and ISST Points)

Date to be announced

COURSE COORDINATOR:
Braam Beetge, Retha Roux & Sylvia Clutton (ISST and SASTS certified members)

CONTACT DETAILS:
braambeetge@gmail.com

ABOUT THE PRESENTER: BRAAM BEETGE

Braam Beetge, MA (Counselling), CST-T, is a Counselling Psychologist registered with the HPCSA, the current President of SASTS (South African Sandplay Therapy Society), a Board member of the ISST and a Teaching member of SASTS and ISST. He is also a founding member of SASTS.

Braam did a additional internship in 1990 at the Department Clinical Psychology, Weskoppies Psychiatric hospital.

He is teaching Sandplay Therapy in South Africa and Turkey and maintains a private Practice, in Paarl, Western-Cape, South Africa.

His field of interest is Traumatology and he works form a Jungian perspective with children, adolescents and adults where Jungian Sandplay therapy is his main focus in many of his cases.

He is trained in EMDR Therapy and incorporates this in his Jungian Psychotherapeutic work.

He has contributed a chapter, *"My soul's Call Towards Sandplay Therapy"* in to *Into the Heart of Sandplay*, edited by Dyane N Sherwood and Betty C Jackson (second Edition:2022, p247-258).

He also completed a one year course at SAAJA (South African Association of Jungian Analysts) in Foundational concepts of Jungian Analysis Certification Course (2023). He is also on the Editorial Board of the international journal, Jung Journal. Culture and Psyche.

ABOUT THE PRESENTER: RETHA ROUX

Retha Roux is an HPCSA registered Counselling Psychologist in private practice. Retha is a founding member of the South African Sandplay Therapy Society (SASTS), and currently serves as its Vice-President. She is a SASTS/ ISST certified Sandplay Therapist and Teacher.

She has a special interest in creativity and psycho-dynamics, and favour therapeutic approaches that integrate mind, body and soul. Sandplay Therapy forms an integral part of her work with adolescents and adults.

Retha has completed the Foundational Concepts of Jungian Analysis course offered by SAAJA (South African Association of Jungian Analysts).